

Name _____ Date _____

Based on the phases of the Hero's Journey described in this chapter, where do you feel you are?

Phase One: Departure

- The Call to Adventure
- Refusal of the Call
- Supernatural Aid
- The Crossing of the First Threshold
- Belly of The Whale

Phase Two: Initiation

- The Road of Trials
- The Meeting with the Goddess
- Woman as Temptress
- Atonement with the Father
- Apotheosis
- The Ultimate Boon

Phase Three: Return

- Refusal of the Return
- The Magic Flight
- Rescue from Without
- The Crossing of the Return Threshold
- Master of Two Worlds
- Freedom to Live

What are your reasons for choosing this stage of the journey?

Based on where you are right now on your journey, what skills, tools, and knowledge would you need to get to the next stage of your own Hero's Journey?

What are some things that might stand in your way?

What do you plan to do if those things get in your way?
